

A photograph of three people in a professional setting, likely a conference. A man in a grey suit is on the left, looking towards a woman with long blonde hair in the center. Another woman with dark hair is on the right, looking towards the blonde woman. The background shows large windows with vertical blinds, and the lighting is warm and bright, suggesting an indoor space with natural light.

# Conferences Connectors

**Accelerate  
learning,  
creativity,  
and achieve  
results.**

**BANFF**  
CENTRE  
FOR ARTS AND  
CREATIVITY

**Contact us**

1.877.760.4595 | 403.763.6712  
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**Conference Connectors offer interactive participant-centred experiences focused on education, motivation, networking, and challenge. These 90-minute to two-hour programs are easily added to your agenda to enhance attendee experience and to support your goals.**

**Banff Centre is not-for-profit with all revenue from conferences underwriting scholarships for up to 4,000 artists and leaders every year.**

Photos by Nahanni McKay (cover), Donald Lee (left, back cover), and Rita Taylor (right).

## **ARTS-BASED CONNECTORS**

### **Nature Journaling**

**Observe, Connect and Express through Reflective Practice.**

Nature Journaling is the practice of connecting to your surroundings and interpreting experiences through sketching and writing. It can help reframe and refocus thought patterns, increase awareness, and encourage one to be more fully present. This first session is an invitation to continue this reflective practice on one's own.

Group rate: \$2,600  
Suggested group size: up to 24 people.

### **Artful Communication**

**Creative Collaboration for Thinking “Big Picture”**

Inspire and strengthen your team during this creative art session. Guided by a local professional artist, participants are led through the creative process of producing expressive artwork. No experience is necessary. The challenge is to produce a work of art that creates a collaborative piece when combined with the work of others. The final piece can be taken into the workplace as a unique piece of art for your office.

Group rate: \$3,500  
Suggested group size: up to 24 people.

### **(In)forming Clay**

**Creative Problem Solving and Communicating with Clay**

(In)forming Clay expresses the importance of play in creative problem-solving. Facilitated by a professional artist and Banff Centre faculty member, participants explore communication, self-awareness, collaboration and some creative risk-taking through the hands-on use of clay. It can also be used as a medium for 3D storytelling and to gain new perspectives on issues and situations that arise in the workplace and in real-life.

Group Rate: \$2,200  
Suggested group size: up to 30 people.

### **The Mind Gym**

**A Dynamic Workout Using Exercises from the World of Theatre**

The Mind Gym is playful and energetic way to enhance creative thinking, trust-building and problem-solving. Using experiential theatre-based exercises often used in the fields of learning, coaching and communication, participants learn how to leverage trust and communication skills. The Mind Gym is ideal to use for rejuvenation or between intensely focused sessions.

Group rate: \$2,200  
Suggested group size: up to 60 people.

## The Social Brain Drum

### Brain Activation and Mood Elevation through Rhythmic Rapport

Science shows that drumming is good for the mind and body. It can regulate our neural systems and allow for better focus and processing of information. This playful and inclusive activity opens the door to cooperation, collaboration and laughter amongst participants. It's an immersive way to break the ice and quickly establish group rapport

Group rate: \$3,000  
Suggested group size: up to 40 people.

## EXPLORE OUTDOORS

### Forests and Resilience

#### Exploring Resilience Through the Adaptations of the Forest to Fire

For forests in Banff National Park, the most defining disturbance is fire. Like an issue facing an individual or organization, fire motivates/demands a response. Understanding the dynamic of the fire and how trees in Banff have co-evolved with this important process will provide insight into what resilience means to the forests, and to you and your organization.

Group rate: \$2,000  
Suggested group size: up to 24 people.

### Finding Purpose in Place

#### A Walk of Discovery Through Our Historic and Beautiful Environment

For centuries, people have come to Banff seeking inspiration and vision. On this Connector, participants are guided on Banff Centre's surrounding trail system to learn about the transformative mountainous environment and the people it has inspired. Stories of expeditions through the Rockies and other mountain culture themes can be explored to support your conference objectives.

Group rate: \$2,000  
Suggested group size: up to 24 people.

## Seek & Learn Challenge

### Fun and Friendly Competition in an Inspiring Setting

This fast-moving strategic challenge gets participants out of their seats and working together in groups. Armed with a campus map and a series of destinations to reach, small teams carefully plot the best route to reach as many targets as possible. Through exploring Banff Centre, participants gain insight, knowledge and familiarity with their peers. A little friendly competition promotes a lighthearted spirit and team engagement.

Group rate: starting at \$3,000  
Suggested group size: 40+ people

### High Ropes Course

#### Challenge, Trust and Teamwork

The high ropes course at The Banff Centre provides teams with an effective experience that stimulates risk taking and builds camaraderie, culminating in a celebration of personal and team accomplishments. It is ideal for quickly bringing a team together to build trust and momentum.

Group rate: starting at \$2,500  
Suggested group size: 10-24 people.

## IDEATION + FORESIGHT

### Living The Culture

#### Connecting Values That Matter

Stories are the most powerful tools for organizations who want to reinforce the positive elements of their work culture. Living The Culture uses a card deck to elicit stories from the most outgoing and the most introverted members of your team. Common values are identified and shared for all participants. By highlighting these aspirations, you can begin to map the positive core of your organization and nurture it.

Group rate: \$3,000  
Suggested group size: up to 40 people.

## Future Thinking

### Develop Innovative Solutions in Uncertain Times

In this Connector, your group is exposed to possible future scenarios that engage your team and offer a basis to tackle real-world challenges specific to your business and industry. As cards are dealt, participants must quickly adapt and develop innovative solutions. Future thinking is a dynamic way to leverage skills in future foresight, problem-solving, and calculated risk-taking.

Group rate: \$3,000  
Suggested group size: up to 40 people.

### Add-on Options

**Visual Insights** is an inspiring and creative tool which utilizes a series of powerful images as a means of expression and connection. Participants choose images that celebrate accomplishments, and explore new challenges and perspectives.

Group rate: starting at \$3,000  
Suggested group size: up to 40 people.

#### Private Mountain Film Festival Screening

is an ideal way to get your delegates excited about the beauty and opportunity for adventure found in the mountains across the globe. Hosted by a Festival Crew Member.

Group rate: \$3,500 + GST  
Suggested group size: up to 300 people



All programs are subject to availability and 5% GST. Most programs can accommodate larger groups and/or exceed two hours, subject to additional cost.

All Prices Subject to Change.



“I would encourage anyone looking for interesting and fun ways for a group to network, break the ice build relationships, etc., to look at what Banff Centre and the Conference Connectors have to offer.”

Heidi Chorzempa,  
Alberta Innovates  
Health Solutions (AIHS).

“The team found the session to be very good, it is something new that we hadn’t tried before and proved to be much better than trying to accomplish the same goal in a boardroom. It challenged our thinking as a team and gave us some things to take away and reflect upon.”

Brody Mainville,  
Shell Canada

### How Connectors Enhance Your Meeting:

- › Reveal and leverage the unique strengths of your team
- › Make connections with work-related scenarios
- › Enhance communication and team dynamics
- › Honour and celebrate successes and accomplishments

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