

Building Personal Leadership

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BREAKFAST 6:30 – 8 AM		LEARNING PARTNER MEETINGS 8 – 8:30 AM		
	8:30 AM – NOON The Journey of Leadership: The world of leading and the practice of leadership	8:30 AM – NOON Exploring Self II: Working with imagination	8:30 AM – NOON Values, Passions, Vision, Purpose: Creating direction & intention Personal Vision & Credo Prep for Outdoor Challenge	8:30 AM – 12:30 PM Exploring Self III: Working with personal story	8:30 AM – NOON The Learning Journey: Reviewing the week's experiences
	LUNCH 12 – 1PM				
5 PM Program Start	1 – 5:30 PM Self-Awareness: Leading from personal strength Reflection Time	1 – 5:30 PM Sustaining Self on the Journey: Working with stress Stress & Personal Wellness Exploring Strategies to Enhance your Personal Wellness	1 – 5:30 PM Outdoor Challenge: Testing self	1:30 – 5:30 PM Mask Making Personal Free Time	1 – 5:30 PM The Next Steps in the Journey: Planning future action Gallery Showing & Reception
	DINNER 6 – 7 PM				CLOSING BANQUET
7 – 9 PM Orientation to the Leader's Journey	7 – 9 PM Exploring Self I: Introducing the metaphor of mask	7 – 9 PM Mask Making	7 – 9 PM Outdoor Challenge Debrief	7 – 9 PM Free Evening	<i>Please note that check-out is after breakfast on Saturday morning.</i>

LOUGHEED LEADERSHIP

The Banff Centre

- This schedule is subject to change without notice. Times may change depending upon the dynamics of the program.